Paper Making By Lynne Suprock

Materials:

Blender

Cellulose sponge

Convection oven

Dishpan

Extra nylon netting

Iron, Teflon coated

Ironing board

Mould and deckle

Paper scraps

Paper towels

Picture frames, 8 x 10, one shadow box type with nylon netting

rags

RIT dye powder, assorted

Rubber bands, 2

Seeds, glitter, additives

Silicone mat

Vinyl foam self stick weather stripping

Instructions:

- 1. Place the two picture frames together with altered sides together
- 2. Place rubber bands around them, one at each end
- 3. Sit frames into a dish pan
- 4. Add enough tap water to fill to the netting on bottom frame
- 5. Pour 4 cups of water into the electric blender
- 6. Tear up paper scraps: 1 sheet paper, ½ envelope, and special scentiment pieces
- 7. Blend on high for 20 seconds
- 8. If adding seeds or glitter, or rose pedals, blend an extra 3 seconds
- 9. Quickly pour the blender contents into well of the picture frame in the dishpan
- 10. Lift the two frames up in a single motion.
- 11. Let drain a few seconds and undo the rubber bands
- 12. Separate the frames
- 13. Lay bottom frame onto a silicone mat, nylon net up with paper pulp
- 14. Cover with the extra nylon netting
- 15. Gently press the netting with the sponge, wringing out when soaked, repeat 3 times over the area
- 16. Remove the netting and frame from silicone mat, and wipe mat dry beneath
- 17. Lay the loose nylon netting down on the mat, then invert the frame and lay down onto the netting
- 18. Continue using sponge to soak up extra water.
- 19. Use paper towels to get the last of the water.
- 20. Carefully peel the paper pulp off the netting from underneath and leave rest onto the loose netting
- 21. Place the netting with paper pulp into the convection oven.
- 22. Set controls at 250, convection, for 20 to 30 minutes.

23. Iron with steam iron on high (Teflon bottom) if desired

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Tutorial: https://youtu.be/FGIciCRbZOQ